



Research Article

Development and Validation of a Novel Nomogram to Screen for Liver Fibrosis in Individuals with Hepatitis B Core Antibody Seropositivity

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Abstract

Background and aim: Seropositive hepatitis B core antibody (HBcAb) could indicate hepatitis B virus infection. Individuals with positive HBcAb were reported to be more susceptible to liver disease than the general population. We aimed to create a new nomogram to screen for liver fibrosis in these individuals.

Materials and Methods: Individuals with seropositive HBcAb from the National Health and Nutrition Examination Survey (NHANES) were enrolled in this study and randomly assigned to training and validation cohorts. The nomogram was established based on the results of univariate analysis, least absolute shrinkage and selection operator (LASSO) regression, and multivariate analysis. The nomogram was further assessed by area under the receiver operator characteristic curve (AUC), net reclassification index (NRI), integrated discrimination improvement (IDI), calibration curve, and decision curve analysis (DCA) curve. We also compared our nomogram with three existing models concerning liver fibrosis.

Results: Our study enrolled 605 participants and collected 39 variables from NHANES data. Our nomogram was developed based on seven optimal predictors, including age, alanine aminotransferase (ALT), aspartate aminotransferase (AST), γ -glut amyl trans peptidase (GGT), albumin, body mass index (BMI), and hip circumference (HC). The AUC of the nomogram for liver fibrosis was 0.829 and 0.782 in training and validation cohorts, respectively. The evaluation of NRI, IDI, calibration curve, and DCA curve indicated the better performance of our nomogram compared with existing models.

Conclusion: The newly constructed nomograms could serve as a promising screening tool for identifying liver fibrosis in individuals with HBcAb seropositivity.

Keywords: Clinical Prediction Model; Nomogram; Liver Fibrosis; Risk Factor; Seropositive Hepatitis B Core Antibody.

Introduction

Chronic hepatitis B (CHB) is a major global health threat induced by hepatitis B virus (HBV) infection, and it results in significant worldwide socio-economic burdens [1]. Liver fibrosis is an inevitable stage of CHB development. The timely and accurate assessment of liver fibrosis, along with effective antiviral therapies, are essential to reduce the risk of cirrhosis, hepatic failure, and hepatocellular carcinoma (HCC) [2,3]. To improve the quality of life for CHB patients, it is crucial to screen the population vulnerable to liver decompensation-related morbidity and adopt beneficial interventions [4].

Several serological biomarkers can indicate the infection status of HBV infection. Hepatitis B core antibody (HBcAb) seropositivity reveals a previous HBV infection status [5]. Studies have shown that individuals with positive-HBcAb have a higher prevalence of advanced liver fibrosis or cirrhosis than the general population, highlighting the importance of liver fibrosis screening in these individuals [6-8]. Therefore, patients with HBcAb positivity require careful monitoring to prevent liver disease deterioration.

As for screening the liver fibrosis in CHB, liver biopsy is considered the gold standard for diagnosing and evaluating liver fibrosis. However, liver biopsy has several deficiencies, such as invasiveness, compliance, sampling error, and side effects [9,10]. Due to the invasive nature of the procedure and the numerous complications that can arise, repeated liver biopsy is impractical for screening liver fibrosis in patients [11,12]. Therefore, non-invasive tests are potential alternative methods for identifying liver fibrosis. These methods can efficiently monitor the dynamic progress of liver disease without any inevitable side effects [11]. Serological markers and complex models, such as platelets and hyaluronic acid, the aspartate transaminase to platelet ratio (APRI), fibrosis-4 score (FIB-4), γ -glutamyl trans peptidase to platelet ratio (GPR), Hui score, Forms Index, and King's Score, appear to be reliable non-invasive methods for early and rapid assessment of liver fibrosis [13-16].

The imaging test also plays a crucial role in screening for liver fibrosis. In particular, vibration-controlled transient elastography (VCTE) has been recommended as a validated non-invasive standard for assessing liver fibrosis in patients with HBV infection [17-19]. This method mainly relies on ultrasound technology and can measure liver stiffness, which can reflect the severity of fibrosis [20,21]. Patients strongly prefer VCTE over liver biopsy, which is widely used in clinical practice to contribute significantly to the invasive screening of liver fibrosis [20,21].

However, most non-invasive models for predicting liver fibrosis focused on patients with CHB who had tested positive for hepatitis

B surface antigen (HBsAg) or hepatitis B surface antibody (HBsAb). These models rarely considered the risk of liver fibrosis in individuals with HBcAb and have thus ignored the necessity of early screening and prevention of advanced fibrosis in these patients. Therefore, we developed a novel prediction model for liver fibrosis in individuals with seropositive HBcAb and created a visually representative nomogram of the model. We also compared our model's efficacy for predicting liver fibrosis with other non-invasive models.

Materials and Methods

Data Source and Study Population

Our study collected data from the National Health and Nutrition Examination Survey (NHANES), which tracks the health and nutritional status of adults and children in the United States of America over time [22]. Before participating in the NHANES, all individuals gave written informed consent. Before participating in the NHANES, all individuals provided written informed consent. Our study complied with the TRIPOD (Transparent Reporting of a Multivariable Prediction Model for Individual Prognosis or Diagnosis) statement for reporting [23], and was conducted in accordance with the principles of the Helsinki Declaration.

NHANES data from cycle 2017.01-2020.03 were collected, and subjects with HBcAb seropositivity were enrolled in our study. A total of 641 subjects had seropositive HBcAb, but 34 subjects without valid VCTE data and two subjects under the age of 18 were excluded from our cohort. To investigate the correlation between liver fibrosis and various risk factors in patients with HBcAb seropositivity, participants with other risk factors for liver fibrosis, such as different hepatitis virus infections and obesity, were not excluded. Eventually, 605 individuals were enrolled. The number of outcome events per variable (EPV) in our study was greater than 10, which met the standard criterion for prediction model construction [24]. The enrolment process is presented in Figure 1.

Clinical Characteristics and Laboratory Tests

The definition of liver fibrosis in our study was based on the median liver stiffness (MS) obtained via VCTE (FibroScan®), with a threshold of $MS \geq 8.4$ kPa indicating significant fibrosis. Various variables, including demographics (age, sex, race, and socioeconomic status), anthropometrics (hip circumference (HC), waist circumference (WC), arm circumference (AC), and body mass index (BMI)), lifestyles (alcohol consumption, smoking, and insomnia), comorbidities (hypertension, diabetes, and cardiac function), and laboratory examinations such as hemoglobin (HB), platelets (PLT), white blood cell (WBC), lymphocytes (LYM), neutrophils (NEU), monocytes (MON), alanine aminotransferase (ALT), aspartate aminotransferase (AST), γ -glut amyl trans peptidase (GGT), alkaline phosphatase (ALP), blood urea nitrogen

(BUN), creatinine (CRE), albumin (ALB), globulin (GLB), triglycerides (TG), total cholesterol (TC), low-density lipoprotein cholesterol (LDL-C), high-density lipoprotein cholesterol (HDL-C), total bilirubin (TB), uric acid (UA), glycosylated hemoglobin, and high-sensitivity C-reactive protein (hs-CRP), were collected from NHANES database. Additionally, variables related to the immunity or infection of various hepatitis viruses, such as HBV vaccine status, hepatitis A antibody (HAAb), HBsAg, HBsAb, hepatitis C RNA (HCR), hepatitis D surface antibody (HDAb), and hepatitis E antibody (HEAb), were collected. The NHANES laboratory method manuals described laboratory methodology, quality assurance, and monitoring. Due to the high frequency of missing values, variables including socioeconomic status, LDL-C, cardiac function, and alcohol consumption were excluded. Finally, 39 clinically relevant variables related to liver fibrosis were analysed in our study. The proportion of missing values for each included variable was less than 5%, which were filled using multiple imputation methods in SPSS 26 software.

The existing non-invasive models

Our studies involved several efficient and widely applied non-invasive models for assessing liver fibrosis, including APRI, FIB-4, and GPR. These three serological indexes were compared with our prediction model and were calculated as follows: APRI = AST (U/L) / upper limit of normal (ULN) (set at 40 U/L) \times 100 / platelet count ($\times 10^9/L$), [25] FIB-4 = age (years) \times AST (U/L) $\sqrt{[ALT (U/L) / 2 \times \text{platelet} (\times 10^9/L)]}$, [26] and GPR = [GGT (IU/L) / ULN (set at 50 U/L)] / platelet ($\times 10^9/L$) [27].

Data Analysis

Our study described continuous data using the median and interquartile range (IQR), while categorical data were described using counts and percentages. Since all continuous data had an abnormal distribution, we transformed them into categorical data based on respective criteria during the development of our clinical prediction model.

For model development, all 605 subjects were randomly divided into training and validation cohorts in a 7:3 ratio (425 and 180 subjects, respectively). Logistic regression was used to analyse the correlation between each variable and MS. We selected statistically significant variables ($P < 0.01$) from the univariable logistic regression analysis. We performed the least absolute shrinkage and selection operator (LASSO) regression. Based on the optimal lambda.1se value in the LASSO regression, we selected variables with excellent performance to construct a multivariable logistic regression. Finally, a nomogram was developed to improve the visualisation of results and facilitate clinical application. We evaluated the odds ratio (OR) and 95% confidence interval (CI) for each variable in our model.

Regarding model validation, we performed receiver operating

characteristic curve (ROC) analysis and calculated the areas under the ROC curve (AUROC). We used the net reclassification index (NRI) and integrated discrimination improvement (IDI) to compare our model with other models [28,29]. Additionally, we used the Brier score to assess the nomogram's performance, with a lower score indicating better predictive ability. Decision curves were plotted to display the nomogram's net benefit, reflecting the clinical benefits provided by the prediction model.

All statistical significance levels in our study were two-sided. The statistical analyses were carried out using R 4.2.2 software.

Results

Baseline demographic and clinical characteristics

Table 1 describes the baseline characteristics of our participants. The median age was 60.0 years. Based on the MS provided by VCTE, liver fibrosis was detected in 79 individuals (13.1%). Among these participants, 47 (59.5%) were male and 32 (40.5%) were female.

We randomly divided 425 participants into a training cohort and 180 into a validation cohort, using a ratio of 7:3 (Table S1). In the training cohort, 242 (56.9%) participants were male, and 58 (13.6%) had liver fibrosis. In the validation cohort, there were 96 (53.3%) male participants and 21 (11.7%) participants with liver fibrosis. The baseline characteristics of the two cohorts did not differ significantly ($P > 0.05$).

Identification of predictors and the construction of a nomogram

The correlation between each independent variable and MS was evaluated by univariate logistic regression in the training cohort (Table S2). Fourteen variables, including age, smoking, hypertension, ALT, AST, ALP, GGT, albumin, globulin, HDL-c, BMI, WC, HC, and hs-CRP, were found to be statistically significant ($P < 0.01$) and were further analysed by LASSO regression (Figure 2). Among these variables, seven optimal predictors, including Age, ALT, AST, GGT, Albumin, BMI, and HC, were selected to develop a clinical prediction model for liver fibrosis through multivariate logistic regression. The logistic regression analysis results and OR values for these seven optimal predictors are shown in Table S3. These predictors were combined to develop a nomogram to quantify liver fibrosis risk (Figure 3).

Validation of the nomogram

To assess the discrimination of our model, we presented ROC curves and compared them with three other models in both training and validation cohorts. The performance of these models is exhibited in Figure 4 and Table 2.

In the training cohort, the nomogram's AUC value for predicting liver fibrosis risk was 0.829 (95% CI 0.773-0.884), which was higher than that of APRI (0.724, 95% CI 0.650-0.798), FIB4

(0.695, 95% CI 0.619-0.772), and GPR (0.736, 95% CI 0.669-0.802). The difference in AUC values between the nomogram and the other three models was statistically significant (all $P < 0.05$). The sensitivity and the specificity of the nomogram were 81.0% and 75.5%, respectively.

In the validation cohort, the AUC value of the nomogram was 0.782 (95% CI 0.670-0.894), while the AUC values of APRI, FIB4, and GPR were 0.660 (95% CI 0.520-0.799), 0.658 (95% CI 0.544-0.772), and 0.734 (95% CI 0.596 -0.872), respectively. The sensitivity of the nomogram was 66.7%, and the specificity was 79.9%.

Additionally, we calculated the NRI and IDI values, which showed that the nomogram had the highest NRI and IDI values among APRI, FIB4, and GPR in both training and validation cohorts,

indicating that the nomogram had the best discrimination capability for identifying liver fibrosis in our participants.

The calibration plot for the probability of liver fibrosis consistently showed optimal agreement between the prediction model and actual observation in both training cohort ($P=0.328$, Brier score=0.091) and validation cohort ($P=0.877$, Brier score=0.076) (Figure S1), indicating the accurate prediction offered by our nomogram.

Evaluation of the clinical utility of the nomogram

We conducted DCA to further evaluate the clinical application value of the nomogram in predicting liver fibrosis. DCA revealed that the nomogram had a better net benefit and more significant advantage compared to the other three models (Figure S2) in both training and validation cohorts.

	Level	Overall	Non-liver fibrosis	Liver fibrosis
n		605	526	79
Gender (%)	Male	338 (55.9)	291 (55.3)	47 (59.5)
	Female	267 (44.1)	235 (44.7)	32 (40.5)
Age (years)	<45	96 (15.9)	92 (17.5)	4 (5.1)
	45-60	184 (30.4)	165 (31.4)	19 (24.1)
	≥60	325 (53.7)	269 (51.1)	56 (70.9)
Race (%)	Mexican American	20 (3.3)	18 (3.4)	2 (2.5)
	Other Hispanic	56 (9.3)	47 (8.9)	9 (11.4)
	Non-Hispanic White	93 (15.4)	78 (14.8)	15 (19.0)
	Non-Hispanic Black	210 (34.7)	173 (32.9)	37 (46.8)
	Other Race	226 (37.4)	210 (39.9)	16 (20.3)
Smoking (%)	No	329 (54.4)	303 (57.6)	26 (32.9)
	Yes	276 (45.6)	223 (42.4)	53 (67.1)
Diabetes (%)	No	501 (82.8)	444 (84.4)	57 (72.2)
	Yes	104 (17.2)	82 (15.6)	22 (27.8)
Hypertension (%)	No	324 (53.6)	298 (56.7)	26 (32.9)
	Yes	281 (46.4)	228 (43.3)	53 (67.1)
HBV vaccine (%)	No	471 (77.9)	407 (77.4)	64 (81.0)
	Yes	134 (22.1)	119 (22.6)	15 (19.0)
Insomnia (%)	No	434 (71.7)	383 (72.8)	51 (64.6)
	Yes	171 (28.3)	143 (27.2)	28 (35.4)
WBC ($\times 10^9/L$) (%)	<4	27 (4.5)	21 (4.0)	6 (7.6)
	4-10	532 (87.9)	468 (89.0)	64 (81.0)
	≥10	46 (7.6)	37 (7.0)	9 (11.4)
NEU ($\times 10^9/L$) (%)	<1.5	13 (2.1)	10 (1.9)	3 (3.8)
	1.5-7	563 (93.1)	492 (93.5)	71 (89.9)
	≥7	29 (4.8)	24 (4.6)	5 (6.3)
MON ($\times 10^9/L$) (%)	<0.8	558 (92.2)	488 (92.8)	70 (88.6)
	≥0.8	47 (7.8)	38 (7.2)	9 (11.4)

HB (g/L)	<110	17 (2.8)	13 (2.5)	4 (5.1)
	≥110	588 (97.2)	513 (97.5)	75 (94.9)
PLT (×10 ⁹ /L)	<150	35 (5.8)	21 (4.0)	14 (17.7)
	≥150	570 (94.2)	505 (96.0)	65 (82.3)
ALT (IU/L)	<40	548 (90.6)	493 (93.7)	55 (69.6)
	≥40	57 (9.4)	33 (6.3)	24 (30.4)
AST (IU/L)	<40	563 (93.1)	506 (96.2)	57 (72.2)
	≥40	42 (6.9)	20 (3.8)	22 (27.8)
ALP (IU/L)	<120	571 (94.4)	505 (96.0)	66 (83.5)
	≥120	34 (5.6)	21 (4.0)	13 (16.5)
GGT (IU/L)	<50	501 (82.8)	457 (86.9)	44 (55.7)
	≥50	104 (17.2)	69 (13.1)	35 (44.3)
BUN (mmol/L)	<3	30 (5.0)	27 (5.1)	3 (3.8)
	3-7	471 (77.9)	416 (79.1)	55 (69.6)
	≥7	104 (17.2)	83 (15.8)	21 (26.6)
CRE (mg/dL)	<100	516 (85.3)	457 (86.9)	59 (74.7)
	≥100	89 (14.7)	69 (13.1)	20 (25.3)
Albumin (g/L)	<35	25 (4.1)	12 (2.3)	13 (16.5)
	≥35	580 (95.9)	514 (97.7)	66 (83.5)
Globulin (g/L)	<40	571 (94.4)	505 (96.0)	66 (83.5)
	≥40	34 (5.6)	21 (4.0)	13 (16.5)
TC (mmol/L)	<6	534 (88.3)	461 (87.6)	73 (92.4)
	≥6	71 (11.7)	65 (12.4)	6 (7.6)
HDL-c (mmol/L)	<1.04	105 (17.4)	83 (15.8)	22 (27.8)
	≥1.04	500 (82.6)	443 (84.2)	57 (72.2)
LDH (IU/L)	<135	118 (19.5)	102 (19.4)	16 (20.3)
	135-220	454 (75.0)	402 (76.4)	52 (65.8)
	≥220	33 (5.5)	22 (4.2)	11 (13.9)
TB (umol/L)	<10	415 (68.6)	367 (69.8)	48 (60.8)
	≥10	190 (31.4)	159 (30.2)	31 (39.2)
TG (mmol/L)	<1.7	436 (72.1)	383 (72.8)	53 (67.1)
	≥1.7	169 (27.9)	143 (27.2)	26 (32.9)
UA (umol/L)	<400	471 (77.9)	417 (79.3)	54 (68.4)
	≥400	134 (22.1)	109 (20.7)	25 (31.6)
BMI (kg/m ²)	<25	208 (34.4)	187 (35.6)	21 (26.6)
	25-30	214 (35.4)	196 (37.3)	18 (22.8)
	≥30	183 (30.2)	143 (27.2)	40 (50.6)
WC (cm)	<90	202 (33.4)	189 (35.9)	13 (16.5)
	≥90	403 (66.6)	337 (64.1)	66 (83.5)
AC (cm)	<30	197 (32.6)	178 (33.8)	19 (24.1)
	≥30	408 (67.4)	348 (66.2)	60 (75.9)
HC (cm)	<100	315 (52.1)	290 (55.1)	25 (31.6)
	≥100	290 (47.9)	236 (44.9)	54 (68.4)

HbA1c (%)	<6	421 (69.6)	380 (72.2)	41 (51.9)
	≥6	184 (30.4)	146 (27.8)	38 (48.1)
HAAb (%)	Negative	167 (27.6)	147 (27.9)	20 (25.3)
	Positive	438 (72.4)	379 (72.1)	59 (74.7)
HBsAg (%)	Negative	562 (92.9)	492 (93.5)	70 (88.6)
	Positive	43 (7.1)	34 (6.5)	9 (11.4)
HBsAb (%)	Negative	186 (30.7)	156 (29.7)	30 (38.0)
	Positive	419 (69.3)	370 (70.3)	49 (62.0)
HCR (%)	Negative	559 (92.4)	497 (94.5)	62 (78.5)
	Positive	46 (7.6)	29 (5.5)	17 (21.5)
HDAb (%)	Negative	599 (99.0)	521 (99.0)	78 (98.7)
	Positive	6 (1.0)	5 (1.0)	1 (1.3)
HEAb (%)	Negative	590 (97.5)	514 (97.7)	76 (96.2)
	Positive	15 (2.5)	12 (2.3)	3 (3.8)
Hs-CRP (mg/L)	<5	497 (82.1)	444 (84.4)	53 (67.1)
	≥5	108 (17.9)	82 (15.6)	26 (32.9)
MS (kPa) (%)	<8.4	526 (86.9)	526 (100.0)	0 (0.0)
	≥ 8.4	79 (13.1)	0 (0.0)	79 (100.0)

Table 1: Baseline characteristics of participants.

	AUC (95% CI)	Sensitivity (95% CI)	Specificity (95% CI)	P values	NRI (95% CI)	P values	IDI (95% CI)	P values
Training cohort								
Nomogram	0.829 (0.773-0.884)	0.810 (0.709-0.911)	0.755 (0.711-0.799)	-	Ref	-	Ref	-
APRI	0.724 (0.650-0.798)	0.603 (0.478-0.729)	0.747 (0.702-0.791)	0.008	-0.298 (-0.172--0.424)	0.001	-0.189 (-0.137--0.241)	<0.001
FIB-4	0.695 (0.619-0.772)	0.672 (0.552-0.793)	0.640 (0.591-0.689)	0.001	-0.310 (-0.161--0.458)	<0.001	-0.139 (-0.082--0.196)	<0.001
GPR	0.736 (0.669-0.802)	0.655 (0.533-0.777)	0.728 (0.682-0.773)	0.020	-0.256 (-0.138--0.375)	<0.001	-0.166 (-0.111--0.220)	<0.001
Validation cohort								
Nomogram	0.782 (0.670-0.894)	0.667 (0.465-0.868)	0.799 (0.736-0.861)	-	Ref	-	Ref	-
APRI	0.660 (0.520-0.799)	0.524 (0.310-0.737)	0.792 (0.729-0.855)	0.018	-0.274 (-0.103--0.445)	0.002	-0.214 (-0.151--0.277)	<0.001
FIB-4	0.658 (0.544-0.772)	0.952 (0.861-1.000)	0.377 (0.302-0.453)	0.011	-0.296 (-0.126--0.465)	0.001	-0.148 (-0.084--0.213)	<0.001
GPR	0.734 (0.596-0.872)	0.667 (0.465-0.868)	0.799 (0.736-0.861)	0.021	-0.301 (-0.159--0.444)	<0.001	-0.183 (-0.117--0.249)	<0.001

Table 2: Performance of the nomogram and other existing models.

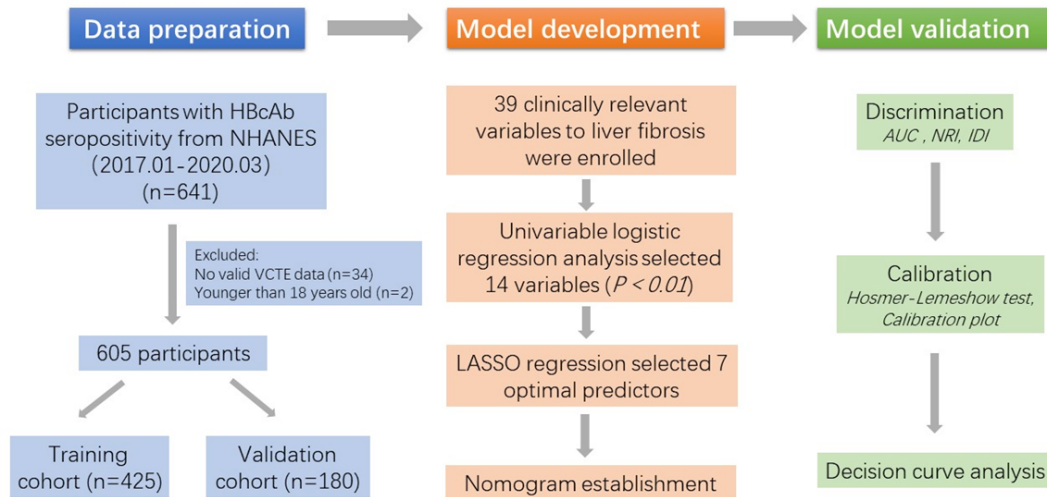


Figure 1: Flow diagram of study design.

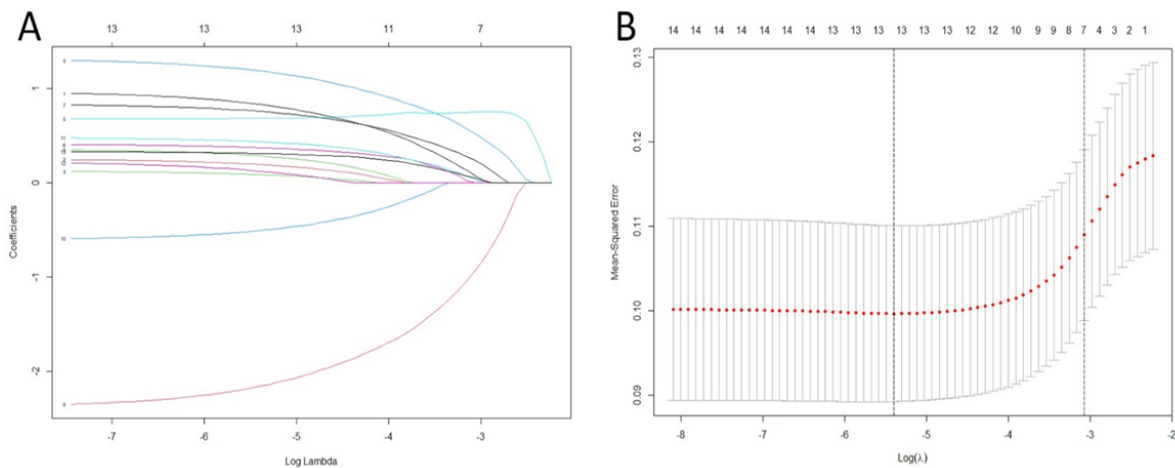


Figure 2: Variables selection using LASSO regression. A. The ten-fold cross-validation via minimum criteria for selecting the optimal value of the tuning parameter (λ). Dotted vertical lines were drawn at the value with the minimum criteria and one standard error of the minimum criteria. B. The LASSO coefficient profiles of the 14 variables associated with liver fibrosis. A dotted vertical line was drawn at the optimal λ value identified through ten-fold cross-validation. The resulting seven predictors with non-zero coefficients were identified based on the $\log(\lambda 1se)$ value.

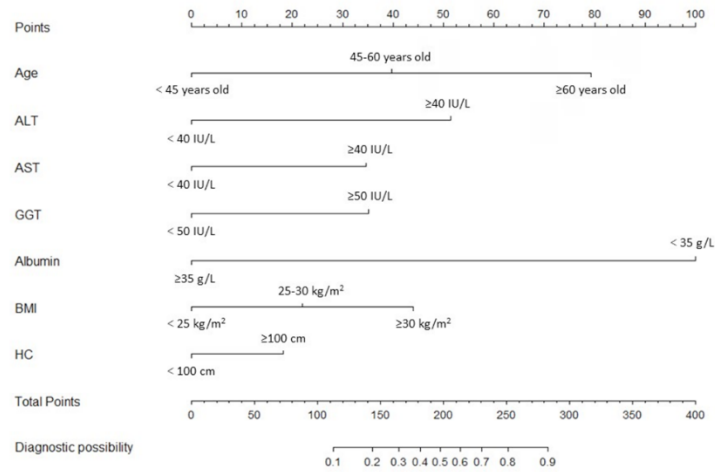


Figure 3: The nomogram for predicting the risk of liver fibrosis in individuals with HBcAb seropositivity.

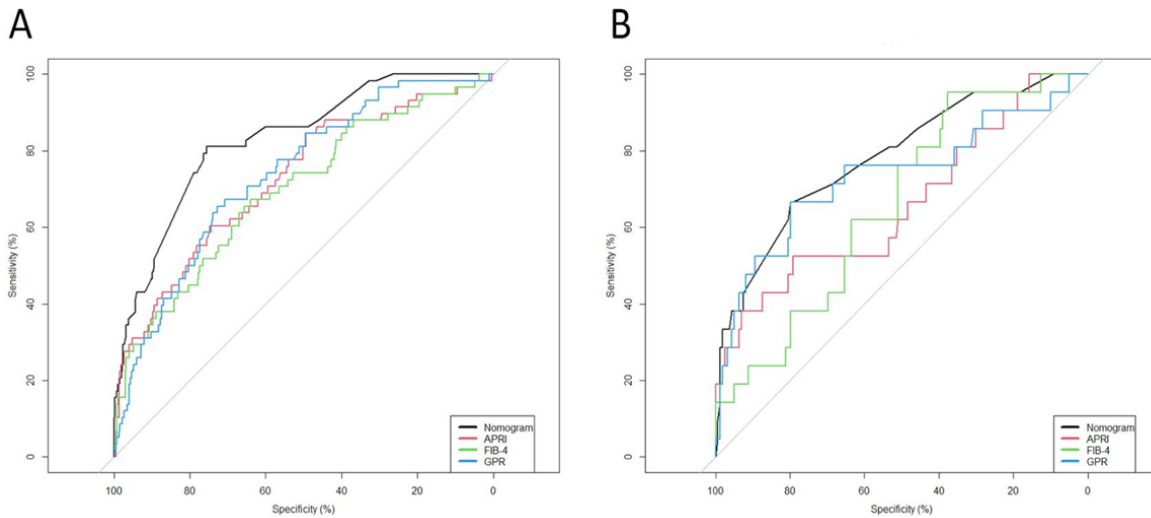


Figure 4: ROC curves for predicting liver fibrosis in training cohort (A) and validation cohort (B). The x-axis displayed the specificity, while the y-axis showed the sensitivity.

	Overall	Training cohort	Validation cohort	p
n	605	425	180	
Gender (male, %)	338 (55.9)	242 (56.9)	96 (53.3)	0.467
Age (%)				0.991
<45	96 (15.9)	68 (16.0)	28 (15.6)	
45-60	184 (30.4)	129 (30.4)	55 (30.6)	
≥60	325 (53.7)	228 (53.6)	97 (53.9)	
Race (%)				0.744

Mexican American	20 (3.3)	14 (3.3)	6 (3.3)	
Non-Hispanic Black	210 (34.7)	145 (34.1)	65 (36.1)	
Non-Hispanic White	93 (15.4)	68 (16.0)	25 (13.9)	
Other Hispanic	56 (9.3)	43 (10.1)	13 (7.2)	
Other Race	226 (37.4)	155 (36.5)	71 (39.4)	
Smoking (Yes, %)	276 (45.6)	194 (45.6)	82 (45.6)	1.000
Diabetes (Yes, %)	104 (17.2)	81 (19.1)	23 (12.8)	0.079
Hypertension (Yes, %)	281 (46.4)	198 (46.6)	83 (46.1)	0.985
HBV vaccine (Yes, %)	134 (22.1)	90 (21.2)	44 (24.4)	0.437
Insomnia (Yes, %)	171 (28.3)	122 (28.7)	49 (27.2)	0.786
WBC ($\times 10^9/L$) (%)				0.393
<4	27 (4.5)	16 (3.8)	11 (6.1)	
4-10	532 (87.9)	375 (88.2)	157 (87.2)	
≥ 10	46 (7.6)	34 (8.0)	12 (6.7)	
NEU ($\times 10^9/L$) (%)				0.155
<1.5	13 (2.1)	6 (1.4)	7 (3.9)	
1.5-7	563 (93.1)	398 (93.6)	165 (91.7)	
≥ 7	29 (4.8)	21 (4.9)	8 (4.4)	
MON ($\geq 0.8 \times 10^9/L$, %)	47 (7.8)	36 (8.5)	11 (6.1)	0.409
HB ($\geq 110g/L$, %)	588 (97.2)	416 (97.9)	172 (95.6)	0.189
PLT ($\geq 150 \times 10^9/L$) (%)	570 (94.2)	398 (93.6)	172 (95.6)	0.466
ALT ($\geq 40IU/L$, %)	57 (9.4)	45 (10.6)	12 (6.7)	0.175
AST ($\geq 40IU/L$, %)	42 (6.9)	34 (8.0)	8 (4.4)	0.162
ALP ($\geq 120IU/L$, %)	34 (5.6)	22 (5.2)	12 (6.7)	0.593
GGT ($\geq 50IU/L$, %)	104 (17.2)	85 (20.0)	19 (10.6)	0.007
BUN (mmol/L) (%)				0.475
<3	30 (5.0)	22 (5.2)	8 (4.4)	
3-7	471 (77.9)	335 (78.8)	136 (75.6)	
≥ 7	104 (17.2)	68 (16.0)	36 (20.0)	
CRE ($\geq 100mg/dL$, %)	89 (14.7)	62 (14.6)	27 (15.0)	0.996
Albumin ($\geq 35g/L$, %)	580 (95.9)	408 (96.0)	172 (95.6)	0.978
Globulin ($\geq 40g/L$, %)	34 (5.6)	28 (6.6)	6 (3.3)	0.163
TC ($\geq 6mmol/L$, %)	71 (11.7)	51 (12.0)	20 (11.1)	0.863
HDL-c ($\geq 1.04mmol/L$, %)	500 (82.6)	357 (84.0)	143 (79.4)	0.217
LDH (IU/L) (%)				0.317
<135	118 (19.5)	81 (19.1)	37 (20.6)	
135-220	454 (75.0)	317 (74.6)	137 (76.1)	
≥ 220	33 (5.5)	27 (6.4)	6 (3.3)	
TB ($\geq 10umol/L$, %)	190 (31.4)	127 (29.9)	63 (35.0)	0.253
TG ($\geq 1.7mmol/L$, %)	169 (27.9)	120 (28.2)	49 (27.2)	0.877
UA ($\geq 400umol/L$, %)	134 (22.1)	89 (20.9)	45 (25.0)	0.321
BMI (kg/m^2) (%)				0.632
<25	208 (34.4)	151 (35.5)	57 (31.7)	
25-30	214 (35.4)	149 (35.1)	65 (36.1)	

≥30	183 (30.2)	125 (29.4)	58 (32.2)	
WC (≥90cm, %)	403 (66.6)	280 (65.9)	123 (68.3)	0.624
AC (≥30cm, %)	408 (67.4)	279 (65.6)	129 (71.7)	0.177
HC (≥100cm, %)	290 (47.9)	199 (46.8)	91 (50.6)	0.453
HbA1c (≥6, %)	184 (30.4)	142 (33.4)	42 (23.3)	0.018
HAAb (Positive, %)	438 (72.4)	303 (71.3)	135 (75.0)	0.405
HBsAg (Positive, %)	43 (7.1)	23 (5.4)	20 (11.1)	0.02
HBsAb (Positive, %)	419 (69.3)	306 (72.0)	113 (62.8)	0.031
HCR (Positive, %)	46 (7.6)	33 (7.8)	13 (7.2)	0.95
HDAb (Positive, %)	6 (1.0)	5 (1.2)	1 (0.6)	0.798
HEAb (Positive, %)	15 (2.5)	11 (2.6)	4 (2.2)	1.000
hs-CRP (≥5mg/L, %)	108 (17.9)	78 (18.4)	30 (16.7)	0.705
MS (≥8.4kPa, %)	79 (13.1)	58 (13.6)	21 (11.7)	0.597

Table S1: Baseline characteristics of training and validation cohorts.

Variables	B	SE	OR	CI	Z	P
Gender	-0.246	0.29	0.78	0.44-1.38	-0.847	0.397
Age	0.754	0.24	2.13	1.33-3.4	3.147	0.002
Race						
Mexican American	-0.154	0.868	0.86	0.16-4.7	-0.178	0.859
Other Hispanic	0.294	0.416	1.34	0.54-3.31	0.637	0.524
Non-Hispanic White	0.034	0.837	1.03	0.2-5.34	0.041	0.968
Non-Hispanic Black	0.448	0.791	1.57	0.33-7.38	0.567	0.571
Other Race	-0.995	0.837	0.37	0.07-1.91	-1.188	0.235
Smoking	0.772	0.29	2.16	1.23-3.82	2.659	0.008
Diabetes	0.464	0.329	1.59	0.83-3.03	1.41	0.158
Hypertension	0.813	0.293	2.25	1.27-4	2.777	0.005
HBV vaccine	-0.159	0.358	0.85	0.42-1.72	-0.443	0.658
Insomnia	0.49	0.295	1.63	0.92-2.91	1.66	0.097
WBC	-0.079	0.418	0.92	0.41-2.1	-0.19	0.85
NEU	-0.733	0.63	0.48	0.14-1.65	-1.164	0.244
MON	0.47	0.447	1.6	0.67-3.84	1.051	0.293
HB	1.68	0.686	5.36	1.4-20.57	2.446	0.014
PLT	-1.636	0.421	0.19	0.09-0.44	-3.883	0.012
ALT	1.855	0.346	6.39	3.24-12.59	5.361	<0.001
AST	2.144	0.381	8.54	4.05-18.01	5.633	<0.001
ALP	1.61	0.46	5	2.03-12.32	3.502	<0.001
GGT	1.445	0.3	4.24	2.36-7.64	4.819	<0.001
BUN	0.55	0.305	1.73	0.95-3.15	1.803	0.071
CRE	0.865	0.338	2.38	1.22-4.61	2.558	0.011
Albumin	-2.109	0.509	0.12	0.04-0.33	-4.142	<0.001
Globulin	1.396	0.423	4.04	1.76-9.26	3.297	0.001
TC	-0.418	0.494	0.66	0.25-1.73	-0.847	0.397
HDL-c	-0.944	0.326	0.39	0.21-0.74	-2.898	0.004

LDH	0.738	0.306	2.09	1.15-3.81	2.41	0.016
TB	0.593	0.291	1.81	1.02-3.2	2.039	0.041
TG	0.249	0.303	1.28	0.71-2.32	0.822	0.411
UA	0.726	0.31	2.07	1.13-3.8	2.344	0.019
BMI	0.553	0.183	1.74	1.21-2.49	3.03	0.002
WC	1.027	0.364	2.79	1.37-5.7	2.821	0.005
AC	0.568	0.326	1.77	0.93-3.34	1.746	0.081
HC	0.977	0.299	2.66	1.48-4.77	3.267	0.001
HbA1c	0.646	0.286	1.91	1.09-3.34	2.258	0.024
HAAb	0.165	0.321	1.18	0.63-2.21	0.515	0.607
HBsAg	1.102	0.477	3.01	1.18-7.67	2.309	0.021
HBsAb	-0.263	0.303	0.77	0.42-1.39	-0.867	0.386
HCR	0.965	0.42	2.62	1.15-5.98	2.3	0.021
HDAb	0.465	1.127	1.59	0.17-14.5	0.413	0.68
HEAb	0.351	0.795	1.42	0.3-6.75	0.442	0.659
hs-CRP	0.834	0.317	2.3	1.24-4.29	2.631	0.009

Table S2: The results of univariate logistic regression.

Variables	B	SE	OR	CI	Z	P
Age	1.024	0.281	2.78	1.61-4.83	3.643	<0.001
ALT	1.326	0.522	3.77	1.35-10.48	2.541	0.011
AST	0.894	0.563	2.45	0.81-7.37	1.59	0.112
GGT	0.906	0.385	2.47	1.16-5.26	2.356	0.018
Albumin	-2.583	0.621	0.08	0.02-0.26	-4.161	<0.000
BMI	0.569	0.317	1.77	0.95-3.29	1.797	0.072
HC	0.471	0.511	1.6	0.59-4.36	0.922	0.357

Table S3: The results of multivariate logistic regression.

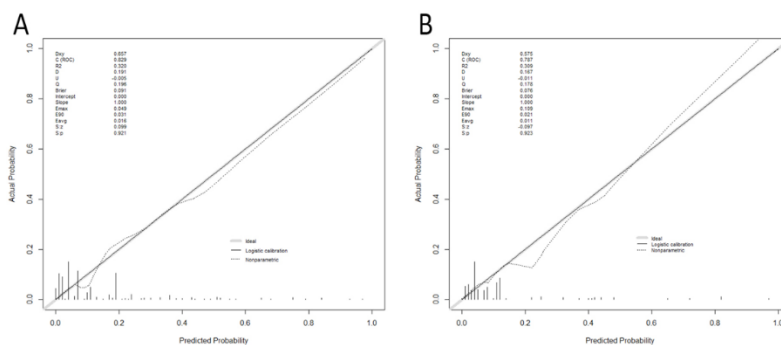


Figure S1: Calibration curves for evaluating the nomogram performance in both training cohort (A) and validation cohort (B). The x-axis displayed predicted probability of liver fibrosis, while the y-axis displayed actual probability.

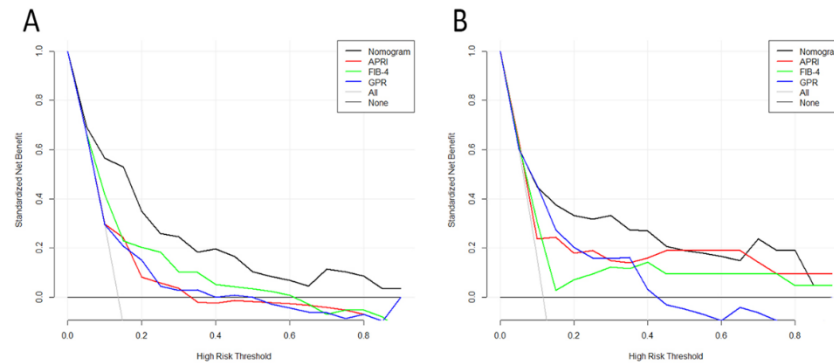


Figure S2: Decision curves for clinical utility of the nomogram in training cohort (A) and validation cohort (B). The x-axis displayed the threshold probability, while the y-axis displayed net benefits.

Discussion

In this study, we developed and validated a novel prediction model for liver fibrosis in individuals with seropositive HBcAb using data from NHANES. The prediction model demonstrated satisfactory discrimination and calibration ability in both training and validation cohorts and showed clinical usefulness in decision curve analysis.

Individuals with HBcAb seropositivity had been found to have a higher morbidity of liver cirrhosis compared to the general population. This may be due to occult HBV or HBV reactivation [6]. Additionally, HBcAb is tightly linked to cirrhotic complications, cirrhosis, and possibly HCC [30]. Early identification of HBcAb-seropositive individuals at high risk for progression to liver fibrosis could provide timely and direct high-value care and decrease the morbidity and mortality of hepatic decompensation [18]. Thus, we shed light on populations with HBcAb seropositivity and established a model to investigate their liver fibrosis risk.

In our study, liver fibrosis was evaluated and defined based on data from VCTE. For HBV-induced cirrhosis, the cut-off value of VCTE was reported to range from 8.4 kpa to 18.2 kpa, with 11.0 (± 1) kpa recommended as the optimal value [31]. However, these cut-offs were designed for patients with HBV-induced cirrhosis, not those with HBcAb seropositivity-related liver fibrosis. The primary objective of our prediction model was to screen for liver fibrosis in its early stages, allowing patients to adopt preventive measures or receive treatment promptly. We ultimately utilized 8.4 kpa as the cut-off value, which appeared to be the smallest value in the range. A lower threshold could include more positive outcomes in our analysis, which may increase the false positive results but decrease the rate of missed diagnosis for individuals with liver fibrosis.

According to our model, Age, ALT, AST, GGT, Albumin, BMI, and HC were strongly associated with liver fibrosis. Increasing

age and persistently raised ALT, which could reflect impaired liver function, were considered imperative risk factors for liver fibrosis and even cirrhosis [5]. Similarly, the increase of AST and GGT and the decrease of Albumin could also reflect liver dysfunction and correlate to the progression of liver fibrosis [5]. Our model showed that the increased BMI and HC, which could reflect the overweight of our participants, were significant risk factors for fibrosis. Obesity has been identified as an essential cofactor in accelerating liver fibrosis in non-alcoholic fatty liver disease (NAFLD) [32]. Maintaining proper weight appeared to be a necessary preventive measure to avoid disease progress not only for patients with NAFLD but also for individuals with seropositive HBcAb. In addition, we collected multiple variables, including evident risk factors for liver fibrosis, such as various hepatitis virus infections. Among these biomarkers, HBsAg and HCR were found to be related to liver fibrosis in univariable logistic regression, but neither of these markers was included in our model. Whether the hepatitis virus replicates seemed to be not a remarkable predictor for liver fibrosis in individuals with seropositive HBcAb.

Several prediction models for liver fibrosis have been developed. A study [33] found that liver stiffness measurement (LSM), PT, and PLT were independent risk factors for CHB-related liver fibrosis. Xu et al. [34] constructed nomograms consisting of 10 variables to predict liver fibrosis, which could be used to evaluate the degree of disease in CHB patients. The serum international normalized ratio (INR), PLT, and type III N-terminal peptide (PIIINP) were also identified as predictors of advanced liver fibrosis and cirrhosis in patients with CHB, chronic hepatitis C, NAFLD, alcoholic liver disease, and autoimmune hepatitis [16]. Another nomogram comprised of laminin, PIIINP, and PLT to predict significant liver fibrosis in CHB patients [35]. Zhang et al. [36] proposed a model based on five clinical characteristics, including procollagen PIIINP, type IV collagen (IV-C), hyaluronan, platelet, and liver stiffness, to diagnose HBV-related liver cirrhosis. Although these methods

exhibited remarkable diagnostic performance, some biomarkers included in these models were sophisticated and challenging to obtain in general hospitals, hindering their popularization. Our final model for screening liver fibrosis includes routine biomarkers and clinical markers that are easily accessible in general hospitals and local clinics. This makes the model valuable and user-friendly in clinical practice. Additionally, our model incorporates a combination of biochemical and anthropometric variables. This diverse set of predictors allows for a more comprehensive assessment of liver fibrosis risk compared to models that rely solely on biochemical markers.

Our nomogram outperforms existing models in several key metrics, including the NRI and IDI. These improvements suggest that our model can better classify individuals correctly regarding their risk of liver fibrosis. This could be explained by the fact that these models were designed to screen for liver fibrosis in CHB patients instead of individuals with seropositive HBcAb. Our nomogram could be an effective screening tool to meet the urgent needs of these individuals. In addition, most existing models for liver fibrosis were constructed using continuous indicators [16,33,35,36]. However, small changes in continuous data have little effect on prediction and classification, making these models inefficient in discrimination [37]. Moreover, the detailed data of continuous values makes it challenging to manipulate the nomogram. Our study effectively transformed continuous variables into ordinal variables to improve the model's prediction performance and practicability. The application of the LASSO regression for selecting the most relevant predictors enhanced the model's predictive accuracy and effectively reduced the risk of overfitting. The DCA also supports the superior clinical utility of our nomogram, as it provides more accurate risk predictions that can inform clinical decision-making.

The study also had some limitations. Firstly, we relied mainly on data from NHANES, which limited our ability to collect and analyse data beyond what was presented in the database. For example, the database unfortunately lacks information regarding HBV DNA levels and the age of HBsAg serological clearance, thereby leading to incomplete follow-up data for some participants with HBV infection. Participants with active hepatitis virus replication might be in the acute phase of viral hepatitis and did not exhibit liver fibrosis during NHANES examinations, leading to an underestimation of fibrosis progression. Additionally, some valuable variables had to be excluded due to distinct missing values, making it difficult to correlate risk factors and liver fibrosis thoroughly. In the future, we plan to optimize the model by analysing more relevant variables. Second, while VCTE is regarded as one of the most reliable methods for diagnosing liver fibrosis, it cannot completely replace the significant diagnostic value of liver biopsy. The accuracy of VCTE may be affected

by various factors such as obesity, increased transaminase, and operator skills [31]. Therefore, the definition of liver fibrosis in our study was less conclusive than the identification provided by liver biopsy, which could influence the establishment of the model. To evaluate the model's efficacy, extensive external validation based on liver biopsy data from multicentre studies should be conducted in the future. Third, although our cohort was large, the number of outcomes with liver fibrosis was relatively small, which may have caused residual bias. A larger cohort and more data need to be collected to address this issue.

Conclusion

In summary, this paper provides a novel and effective clinical nomogram for screening liver fibrosis risk in individuals with seropositive HBcAb. The nomogram surpasses existing models by providing a more precise, comprehensive, and practical tool for clinical application. Individuals at high risk of liver fibrosis can undergo more accurate examinations to confirm the diagnosis, which could facilitate early and personalized lifestyle or medical intervention effectively.

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