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Case Report

Proliferating Trichilemal Tumor: Case Report

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Introduction

The proliferating trichilemmal tumor is a unusual condition that develops from follicular cystic lesions with rare reports of metastases. We report a case of a male, 48 years old, who had multiples tumors up to 2 centimeters in the scalp and neck first noticed 1 year ago, with recent demand for complete surgical exeresis.

Case Report

A 48-year-old male patient, with controlled schizophrenia, referred to the hospital reporting the appearance of three nodular lesions on the posterior left side of the neck, right side of the scalp in the temporal region and left occiptal region of the scalp, noticed 1 year ago.

The tumors showed areas of tissue with acantholysis and keratinized center, which is representative of trichilemmal differentiation. The histological findings were consistent with proliferating trichilemmal tumor.

The complete surgical exeresis was performed in hospital. The histopatologic exam revealed an intradermic proliferation with lobular architecture and irregularities, formed by epithelial eosinophilic cluster, with pleomorphism and nuclear atypia forming a fibrous pseudocapsule.

Discussion

The proliferating trichilemmal tumor is a rare and pseudomalignant lesion as can be seen in literature reviews (Table 1), described in 1966 by Wilson Jones.

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Database	Search Strategy	Obtained Articles	Related Articles
PubMed	(Proliferating trichilemmal tumour) OR (Proliferating trichilemmal tumours)	226	24
Lilacs	(Proliferating trichilemmal tumour) OR (Proliferating trichilemmal tumours) OR (Tumor triquilemal proliferante)	0	0

Table 1: Results of systematic search in databases with the descriptors in health (DeCS) and Medical Subheadings (MeSH) carried out on October 3, 2020.

Pseudomalignity is due to histological presentation, which may be similar to squamous cell carcinoma. The occurrence mainly affect female patients (more than 90% of cases) and elderly women. The most affected regions of the body involve areas with greater exposure to the sun's rays and which have a higher density of hair follicles since it evolves from the hair follicle isthmus such as the scalp, for example, but can also develop in other areas like the trunk and neck. Its pathogenesis is unknown; however, in some cases there is the presence of Human Papilloma Virus (HPV), raising the hypothesis that there is some relationship between the presence of the virus and the development of the tumor. Clinically, it manifests as a solitary, well-circumscribed, nodular tumor, of variable size and slow growth, which may present inflammatory signs. The lesion area commonly presents alopecia, as well as atrophy or ulceration of the edges. Diagnostic confirmation is done by anatomopathological examination. Macroscopically, the lesions are multinodular and in the superficial section, the cysts are filled with keratin and calcifications. Microscopically, it is presented as a well-defined solid-cystic mass that affects the dermis and can extend to the subcutaneous tissue. The characteristic histological marker is the presence of trichilemmal keratinization, in which there is an abrupt transition from epithelial nucleated cells to keratinized anucleated cells and, also, there is absence of the granular layer. Other exams, such as magnetic resonance and ultrasonography, are important for differential diagnosis, prognosis and adequate treatment. The differential diagnosis includes several entities, among the malignant proliferation and squamous cell carcinoma. Treatment consists of resection with safety margins. The prognosis in most cases is optimistic but there are caveats for cysts that present cell atypia as a histopathological finding due to the possibility of malignant evolution.

Conclusion

This squamous cell neoplasm apparently has an intermediate behavior in relation to malignancy, and needs long-term followup. Still, there is a need for further studies to identify why some tumors behave indolently and others, more aggressive.

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